

PORT

MONA
STEINHÄUßER
Mona Steinhäüßer
— 2026

"THE PURPOSE OF ANY ARTISTIC EXPRESSION IS TO LEAD PEOPLE BACK TO THEIR OWN TRUTH."

FOLLO



INTRO- DUCTION

Artistic Mindset as a Catalyst for Change

In an era of profound ecological and societal transformation, my work functions as a bridge between abstract complexity and lived experience. I utilize artistic practice to interrogate existing systems and explore regenerative ways of relating to ourselves, our communities, and the environment.

For me, art is not merely an aesthetic output; it is a rigorous methodology for engaging with global challenges and facilitating systemic change through experience-based co-creation



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This portfolio outlines my artistic practice

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HELLO, I'M MONA STEINHÄUSSER

Interdisciplinary Practice & Strategic Thinking

Based in Germany, I operate at the intersection of applied arts, sustainability, and social transformation.

My practice is defined by a synthesis of artistic research, material exploration, and participatory orchestration. I develop projects that convene diverse stakeholders and materials to investigate the creation of meaning and value in a post-industrial society.

With a background in Arts, Design and integral coaching, I bring a systemic lens to every collaboration, focusing on how creative processes can actively contribute to cultural and social evolution.



MY EDUCATION

My artistic practice is built upon a rigorous academic foundation in the applied arts and design, which informs my research-driven approach to social transformation. During my graduate studies at the Sandberg Instituut, I investigated the intersection of globalization, material value, and human perception—themes that continue to anchor my current projects. This academic rigor is further enriched by my certification in integral coaching, allowing me to approach participatory work with a deep understanding of systemic dynamics and human psychology.

Master of Applied Arts

Sandberg Instituut / Gerrit Rietveld Academie,
Amsterdam, Netherlands

2015 – 2017

Bachelor of Design

Maastricht Academy of Fine Arts and Design (MAFAD),
Maastricht, Netherlands

2011-2015

Further Education

Life Trust Coaching (EASC Certified)
Integral coaching practice, specializing in artistic
coaching Training

2023-2024



PRACTICE & EXPERIENCE

Collaborative Frameworks

My professional experience spans artistic, educational, and institutional contexts. I specialize in designing artistic frameworks that move participants from observation to active authorship.

Selected areas of work include:

- **Workshop Facilitation:** Translating complex themes into material-based learning environments.
- **Community Engagement:** Developing research-driven projects that address regional histories and social fragmentation.
- **Strategic Partnerships:** Collaborating with international organizations to drive value-based discourse.

Selected Collaborations:



United Nations Climate Change
Global Innovation Hub



creative.nrw





PROJECT PORTFOLIO

From Research to Ritual: Selected Case Studies

The following projects illustrate the practical application of my artistic methodology across varied cultural, social, and environmental landscapes. Rather than presenting art as a static object, these case studies showcase the development of immersive frameworks that invite participants to move from passive observation to active authorship.

Each intervention serves as a living laboratory for testing new ways of relating—shifting the focus from individual consumption toward collective presence and systemic reflection.

October 2022– March 2023

Z33, Hasselt, Belgium – FITTING IN, Group Exhibition

The project has been presented in different contexts and continues to evolve through each iteration since 2017.

THE WAY OF SALVE

Atmospheric Immersion & Sensory Shelter

This installation takes the form of a textile sanctuary—a tent-like structure crafted from waxed cotton—that fundamentally recalibrates the participant's perceptual environment. It is a sheltered space of silence, designed to filter out external complexity and create an immediate sense of intimacy and calm. Phase one of the work focuses on the somatic experience of this new atmosphere: as individuals enter the structure, the tactile quality of the material and the curated quietude invite a profound shift in awareness.



Materials / Methods: Mixed media, waxed cotton, fiberglass structure, natural substances, ritual-based practice

from 2017- today

Tea Ceremony as Practice

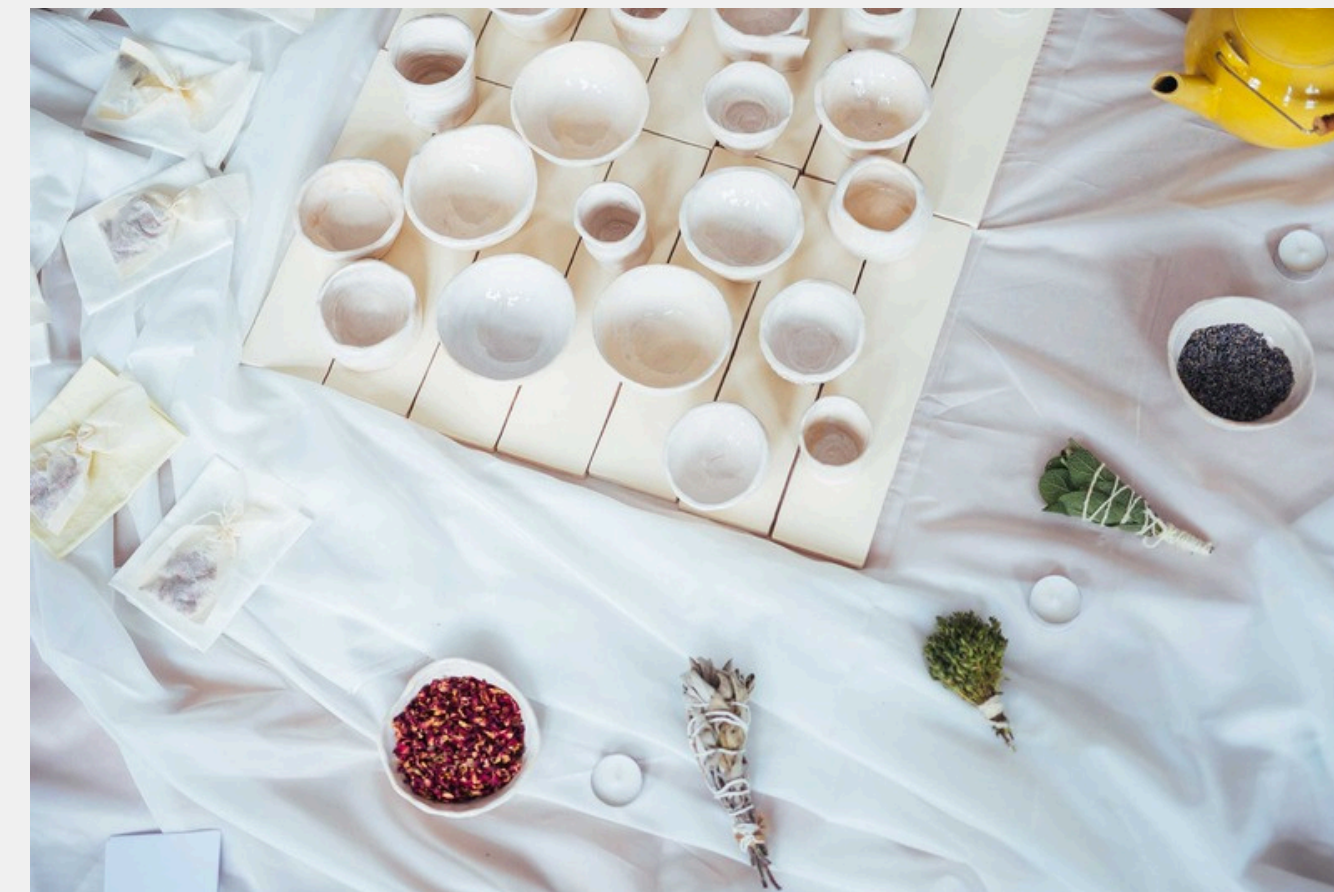


THE WAY OF SALVE

Ritual Facilitation & Shared Presence

The tea ceremony is a core participatory ritual within my practice, often utilized both as an extension of spatial installations and as a standalone methodology in educational workshops. By facilitating a quiet, shared act of sensing, the ceremony moves participants from a mode of "doing" to a state of "being".

In the context of Creative Profiling, I use this ritual as a structured awareness exercise to uncover intuitive truths and authentic connections.



Materials / Methods: Ceramic cups, herbs, natural substances, ritual-based practice

September 2021- September 2022

SUSTAINABILITY GYM

Bridging Art and Economy for Climate Resilience

The Sustainability Gym is a year-long participatory project developed in collaboration with Museum van Bommel van Dam and Ondernemend Venlo.

The project explores how artists and companies can work together to develop new and innovative approaches to future challenges, particularly in the context of climate change. Bringing together businesses from different sectors, it creates a shared space for exchange, experimentation, and collective learning.

At its core, The Sustainability Gym focuses on behavioral change. Rather than addressing sustainability solely through technical solutions, the project engages with everyday routines, habits, and decision-making processes. Through artistic methods and participatory formats, it invites participants to question existing patterns and to actively experience alternative ways of thinking and acting.



Materials / Methods: Aluminium and glass greenhouse structure, spatial installation, participatory and performative formats

JUNE 2023

SMEB

The Commodity of Self-Care & Value Systems

Kunsthaut NRW
Kornelimünster, Germany

SMEB - Vibrant Water

SMEB is a critical artistic intervention designed to interrogate the promises of contemporary self-care consumption. Through a ritualized performance where participants "enrich" water with essences. The project exposes how modern consumption often functions as a surrogate for spiritual meaning and self-worth. It invites a discourse on post-modern belief systems, revealing consumption itself as a performative act of seeking connection



Materials / Methods: Aluminium container, essences, water, installation and interactive performance



JUNE 2025 – Today (ongoing)



THE RUG PROJECT

Collective Materiality & Tactile Research

The Rug Project — United Threads is an ongoing research initiative investigating how the shared act of material production can bridge social and digital divides.

In an age of digitalization, abstraction, and cultural disconnection the tufting process serves as a tangible medium for co-creation, transforming invisible social dynamics into a physical artifact.

The resulting rug becomes a symbolic map of collective experiences and intuitive relationships, prioritizing shared presence over individual output





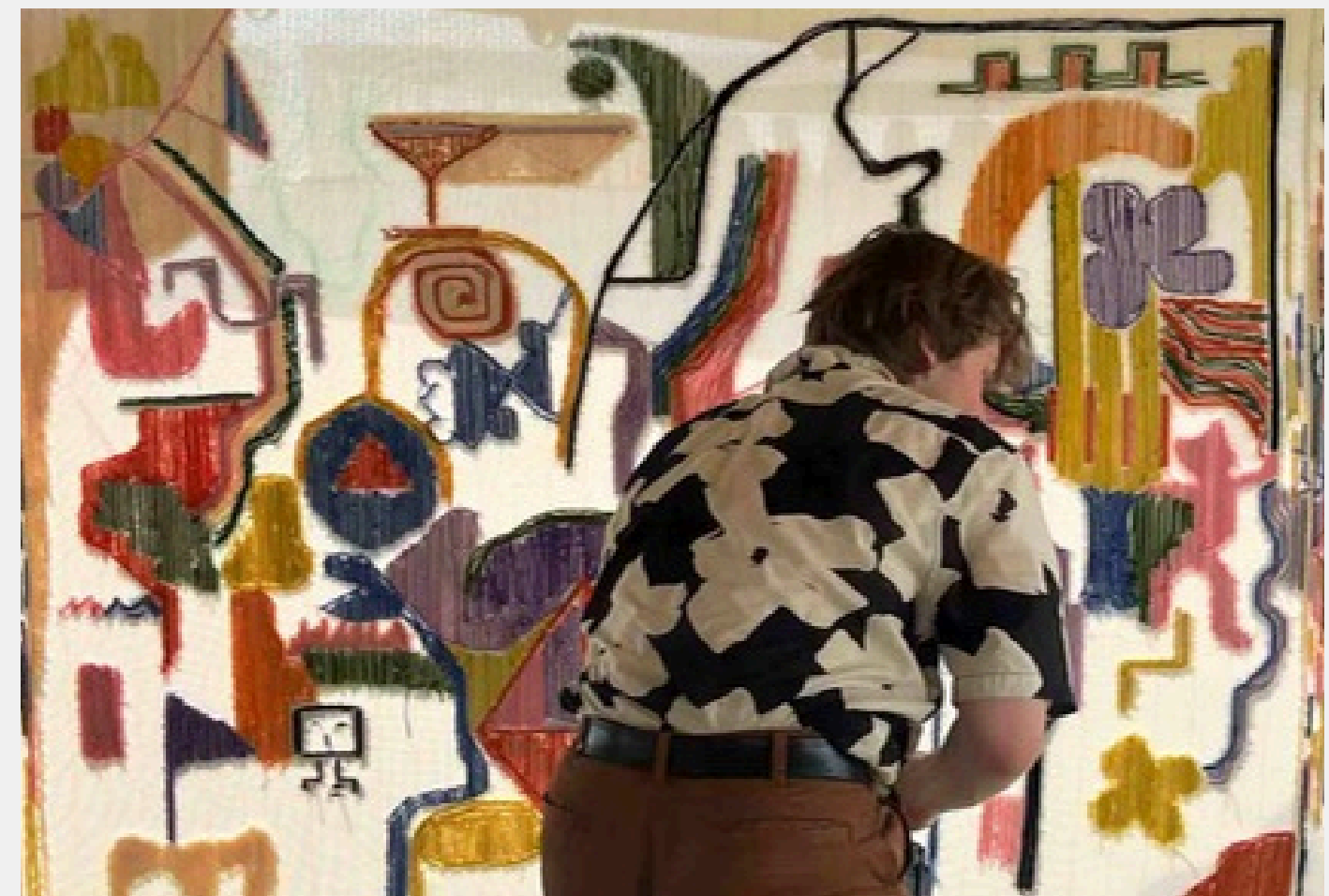
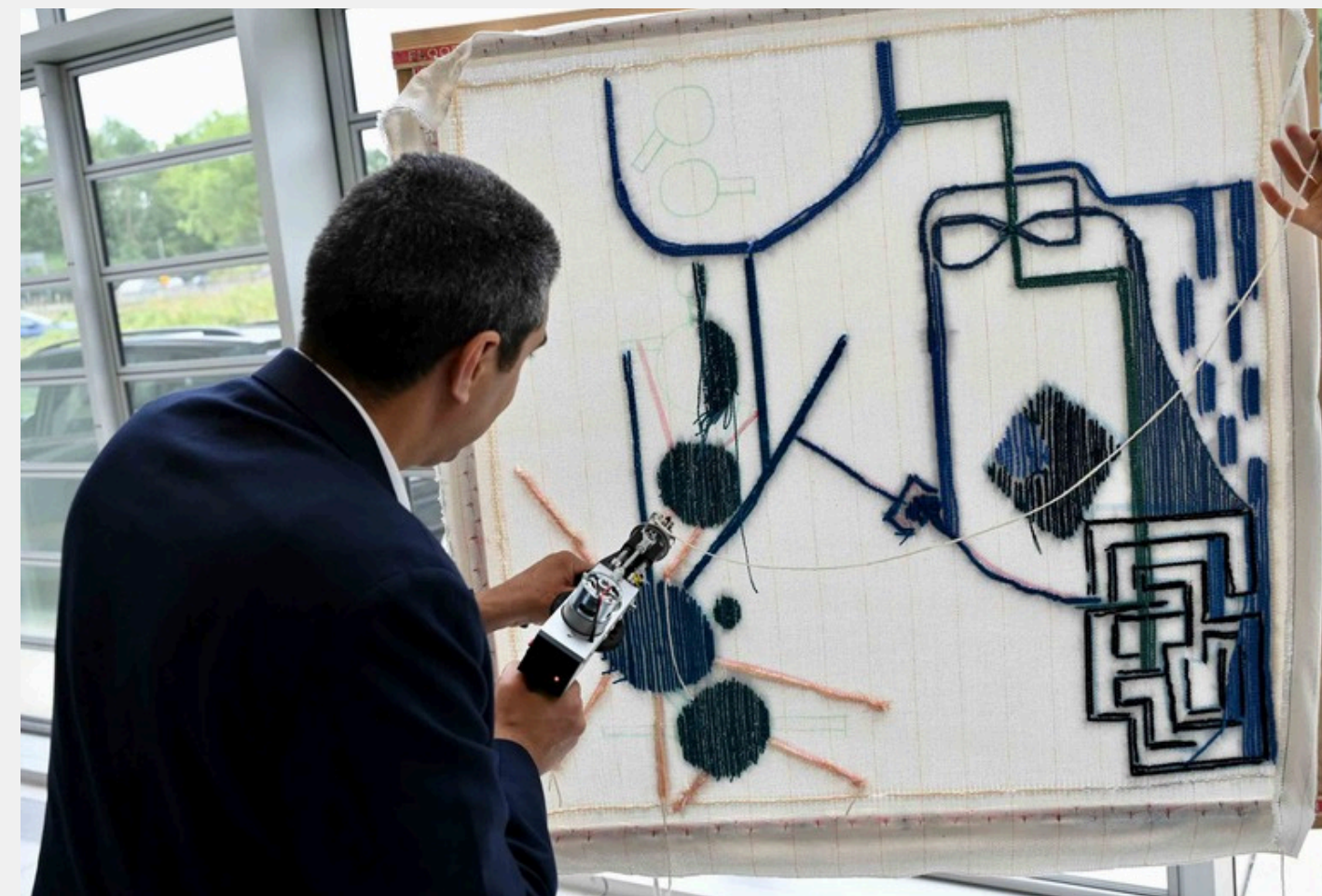
THE RUG PROJECT

Cross-Contextual Facilitation & Active Authorship

The project unfolds across heterogeneous environments—ranging from administrative strategy conferences to large-scale cultural festivals. By introducing a sensory, material intervention into these varied spheres, the work disrupts habitual patterns and moves participants from observation to active authorship. These diverse iterations demonstrate how collective making can foster natural exchange and connection within any community or institutional setting.



StrategieWerkstatt NRW, conference on the digitalization of public administration



Kimiko Festival Aachen, working with over 100 people aged between 6 and 66

JANUAR 2026 – Today (ongoing)

THE RUG PROJECT CANADA

Relational Ethics & Decolonial Listening

Working within the context of social fragmentation and histories of colonization, this research explores how collective artistic practice can contribute to processes of listening, connection, and reconciliation.

As part of the ongoing development of The Rug Project, an initial research phase was conducted in Canada, focusing on building relationships, exploring local materials, and understanding the cultural context.

During this phase, the work centered on connecting with the land through natural dye processes and engaging in conversations with members of First Nations communities.

This process highlighted the importance of time, trust, and cultural sensitivity when working within such contexts. The long-term aim is to return and collaboratively create a large-scale rug together with both Indigenous and settler communities, grounded in mutual respect and shared authorship.



Materials / Methods: 100% wool from Salt Spring Island sheep, naturally dyed using locally sourced plants, informed by Indigenous and regional histories. 70 x 110cm



LET'S DISCUSS HOW
WE CAN BRING
COMMUNITIES AND
INSTITUTIONS BACK
TO THEIR OWN
TRUTH.

March, 2026

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